

## GRIDDLED

### **Buttermilk Pancakes**

(blueberry, chocolate chip or banana +.75/cake)

tall stack (three) 8  
short stack (two) 7  
no stack (one) 5

**Cakes & Eggs\*:** 2 of each 10.25

## SOMETHING ELSE

**Greek Yogurt Parfait:** Greek nonfat yogurt, sweet cream, berry compote, toasted coconut, almonds, fresh berries 9 (GF)

**Irish Steel Cut Oats:** housemade pecan granola, brown sugar, fresh fruit cup, choice of toast 9

## KID'S BREAKFAST

includes small juice or milk

**Big Plate:** 1 scrambled egg, 2 pieces of bacon, toast 8

**Grilled Cheese Sandwich:** served with potatoes 7

**Chocolate Chip Pancakes:** short stack, butter, maple syrup 7



STORIED FOOD & SPIRITS

## BENNIES

2 Poached eggs\*, hollandaise served with potatoes or cheese grits

### **Traditional\*:**

Virginia ham,  
English muffin  
14

### **Portobello**

**Spinach\*:**  
organic spinach,  
tomato,  
cream cheese,  
English muffin 14

## BEVERAGES

**Coffee, Tea, Soda or Milk** 3

**Juice:** orange, apple, cranberry, tomato, V-8, grapefruit 3.5

**Hot Chocolate:** topped with whipped cream 3.5

GF = Gluten Free

## CAGE FREE EGGS\*

served with potatoes or cheese grits  
substitute fruit cup +1.95 egg whites +1

**Farm Fresh Breakfast:** 2 eggs\* any style, choice of meat & toast 11 (GF)

**3 Egg Omelets\*:** served with toast, choose from: peppers, onions, tomatoes, spinach, mushrooms, cheddar, feta, sausage, bacon, ham 13 (GF)

**Broken Yolk Sandwich:** 2 fried local eggs\*, bacon, tomato, cheddar, mayo, grilled sourdough bread, choice of side 11

**Keto Breakfast Bowl:** chorizo, spinach, mushroom, feta sauté, 3 eggs\* any style, grilled avocado 13 (GF)

## SIDES

**Fresh Fruit:** cup 3.5 bowl 5.5

**Cheese Grits or Breakfast Potatoes** 3

**Bacon, Sausage, Ham, Turkey Sausage or Veggie Sausage** 4

**Cereal, Milk & Banana** 5

**Toast & Jam** 3

\*May contain raw or undercooked food products. Consuming raw or undercooked foods may increase your risk of foodborne illness, especially if you have certain medical conditions.



FORK • LORE

# KIDS

## **Cheese Burger**

Plain cheese burger made with local beef and topped with American cheese. Served with french fries 8

## **Chicken Tenders**

Three golden fried chicken fingers served with french fries and choice of sauce 7

## **Peanut Butter and Jelly**

The classic peanut butter and jelly sandwich made with thick Texas Toast. Served with carrots and celery 5

## **Grilled Cheese Sandwich**

Slices of cheddar cheese on thick Texas Toast and grilled until golden brown. Served with french fries 6

## **Pasta**

Pasta noodles with choice of marinara sauce or butter parmesan 6

**Each item on the kids menu comes  
with a complimentary kids drink.  
Choose from water, juice, tea, or soda.**